

# More Than Just Colon Hydrotherapy

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## HISTORICAL VIEW

*Historians tell us that the practice of Colon Hydrotherapy or, in its most basic form, the enema, was first used by the Egyptians. The Ebers Papyrus, of the 14th Century B.C., and the Edwin Smith Papyrus (c. 1700 B.C.) both mention enemas and give directions for their use.*

*By the late 19th Century and early 20th Century, with the advent of rubber, the enema or clyster slowly gave way to colon hydrotherapy equipment which improved the cleansing of the colon.*

*Colon hydrotherapy eventually gained the attention of James A. Wiltsie, M.D., who contended that "our knowledge of the normal and abnormal physiology of the colon, and of its pathology and management, has not kept pace with that of many organs and systems of the body." He went on to say, "As long as we continue to assume that the colon will take care of itself, just that long will we remain in complete of ignorance of perhaps the most important source of health in the whole body."*

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## Mission Statement

*Center for Advanced Medicine (C.A.M.), the integrated life centers, effectively, efficiently and courteously empowers individuals to enhance their foundation for a healthy life.*

The strength of this center is—in this age of specialization and isolation—to treat the whole person by using all the different disciplines available. Our practitioners are assisted by professional support staff to facilitate your journey to optimum health.

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and

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***"...solving the root cause"***

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"Solving the root cause"

# Colon Therapy



Plus Herbal  
Flushing  
Remineralization

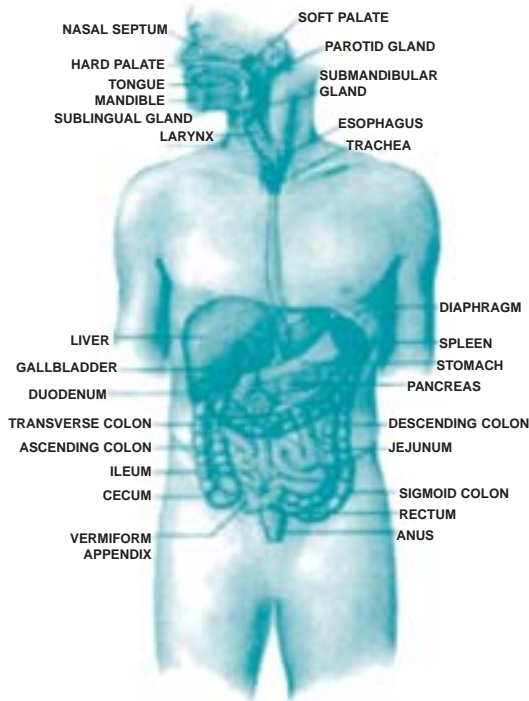
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Hear us on  
**Health Talk—A Second Opinion**

# COLONICS

## LOCATION OF DIGESTIVE ORGANS



## WHAT IS COLON HYDROTHERAPY AND WHY SHOULD I DO IT?

The colon, along with the skin, kidneys, lungs and liver, is a major organ for eliminating bodily waste. A healthy colon is essential for the absorption of vital nutrients and natural elimination of bodily waste and toxins.

Colon Hydrotherapy promotes healthy colon function and can ease a range of problems from headaches to hypertension.

When the colon is unable to function efficiently, an accumulation of toxins can build up in the lymph, liver, bloodstream and intestines. In addition, an accumulation of impacted and fermented fecal material adheres to the pockets and folds of the colon. The result is termed Bowel Toxemia. These toxins can enter the blood stream from the colon and burden the liver, circulatory system, lymphatic system, lungs and kidneys and can lead to a number of health problems.

Colon Hydrotherapy is not painful or embarrassing. The session lasts 45 to 55 minutes and uses 20 to 30 gallons of water. This process cleans the entire colon, unlike the enema which cleans only the Sigmoid (lower) colon.

Colon Hydrotherapy is not a cure, but it is a valuable procedure and treatment for a wide variety of colon conditions. Here at the Center for Advanced Medicine, Colon Hydrotherapy is different. Not only do we cleanse the body, but we use herbal and other additives as our doctor prescribes to help aid in healing and strengthening of the whole body. The human body is a self healing organism, and we must recognize that revitalization takes time and that a clean strong body is the best defense against environmental toxins and disease.

*So, give yourself a gift and cleanse your internal body.*

## WHAT IS COLON HYDROTHERAPY SESSION LIKE?

A Session is a comfortable experience for many people. It produces no toxicity. Techniques utilized allow a small amount of water to flow into the colon gently stimulating the colon's natural peristaltic action to release softened waste. The inflow of a small amount of water and the release of waste is repeated several times. The removal of waste should encourage better colon function and elimination.

During the sessions, most clothing can be kept on and you will be draped, or a gown might be worn to ensure more modesty. Your dignity is always maintained.

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